

Food Resource Guide

EAST PALO ALTO

Church of Christ

📍 Drop in

PANTRY: Food for pick up for everyone

1215 Laurel Avenue, East Palo Alto

T: 650-322-0853

HOURS

- Tuesday: 7:30-9:00 PM
- 1st & 3rd Saturday: 2:00-4:00 PM

East Palo Alto Senior Center

☎ Call First

Senior Brown Bag: Food for Seniors ONLY

560 Bell Street, East Palo Alto

T: 650-329-5901

HOURS

- Every 1st & 3rd Thursday: 10:00 AM-12:00 PM

Ecumenical Hunger Program

PANTRY: Food for pickup for everyone

2411 Pulgas Avenue, East Palo Alto

T: 650-323-7781

📍 Drop in

HOURS

- Mon, Wed, Thurs & Fri: 2:30-4:30 pm

Project We HOPE Kids NOW

📍 Drop in

HEALTHY SNACKS & CORE FOOD ITEMS:

Food for pick up for youth

- Available to families with children ONLY

1199 East Bayshore Road, East Palo Alto

T: 650-779-4632

HOURS

- Thursday: 12:30-1:30 PM

Ravenswood City School District – School Pantry

📍 Drop in

PANTRY: Food for pick up for everyone

2695 Fordham Street, East Palo Alto

T: 650-329-2800 X 60113

HOURS

2nd & 4th Saturday: 9:30-11:30 AM

Runnymede Gardens

☎ Call First

Senior Brown Bag: Food for Seniors Residents ONLY

2301 Cooley Avenue, East Palo Alto

T: 650-323-1106

HOURS

- Every 2nd & 4th Thursday: 10:30 -11:00 AM

MENLO PARK

Menlo Park Senior Center

☎ Call First

Senior Brown Bag: Food for Seniors ONLY

100 Terminal Avenue, Menlo Park

T: 650-330-2287

HOURS

- Every 2nd & 4th Thursday: 10:00 AM-12:00 PM

Onetta Harris Community Center Produce Mobile

☎ Call First

PRODUCE: Food for pick up for everyone

100 Terminal Avenue, Menlo Park

T: 650-330-2287

HOURS

- 2nd Tuesday: 3:00-5:30 PM

St. Anthony's Padua Dining Room

📍 Drop in

Hot meals for everyone

3500 Middlefield Road, Menlo Park

T: 650-365-9664

HOURS

- Monday-Saturday: 11:00 AM and 1:00 PM

Willow Oaks Elementary Produce Mobile

☎ Call First

PRODUCE: Food for pick up for everyone

620 Willow Road, Menlo Park

T: 650-390-4817

HOURS

- 1st Saturday: 12:00-2:00 PM

FOOD FOR DELIVERY

St. Vincent de Paul Society-SVDP

☎ Call First

Food delivery for everyone

50 North B Street, San Mateo

- Call Second Harvest food Connection Hotline 1 (800) 984-3663

St. Francis of Assisi - SVDP

☎ Call First

Food delivery for everyone

1425 Bay Road, East Palo Alto

T: 650-322-1231

HOURS

- Monday-Thursday: 6:00-8:00 PM
- Saturday: 11:00 AM-1:00 PM



GROCERIES

Food Resource Guide

MENLO PARK

Apostolic Original Holy Church of God, Inc.

Drop in

Hot meals for everyone

605 Hamilton Avenue, Menlo Park

T: 650-462-5921

HOURS

- Tuesday & Thursday: 3:00-7:00 PM

EAST PALO ALTO

East Palo Alto Senior Center

Drop in

Breakfast & Hot Soup for Seniors ONLY

560 Bell Street, East Palo Alto

T: 650-329-5900

HOURS

- Breakfast Mon-Fri: 8:00-10:00 AM
- Hot Lunch: 12:00-1:00 PM

East Palo Alto Library

Drop in

Hot meals for everyone

2415 University Avenue, East Palo Alto

T: 650-329-7712

HOURS

- Monday-Friday: 3:45-4:45 PM

St. Francis of Assisi -SVDP

Program provided by Ecumenical Hunger Program and EPA Kiwanis Club

Drop in

Hot meals for everyone

1425 Bay Road, East Palo Alto

T: 650-323-7781

HOURS

- Wednesday: 5:00-6:00 PM



Second Harvest Food Bank Food Connection

Call First

Assistance applying to CalFresh

T: 1-800-984-3663

Apply for CalFresh

(CalFresh = SNAP = Food Stamps)

El Concilio Emergency Social Services

Assistance applying to CalFresh

2396 University Ave

East Palo Alto

T: 650-330-7432

Human Services Agency

Assistance applying to CalFresh

2415 University Ave

East Palo Alto

T: 650-363-4218

Ravenswood Family Health Center

Assistance applying to CalFresh

1798 Bay Road

East Palo Alto

T: 650-330-7400



HOT MEALS